

Lunch Meal Prices:

Paid: \$2.25

Reduced: \$0.40

Non Student: A la carte prices

Meals can be paid in advance HERE

# January 2018

## K-8 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1 1% Plain Fat Free Plain Fat Free Chocolate Fat Free Strawberry Milk Nutritionals	2	3 Chicken Sandwich Spaghetti & Meat Sauce Toasted Breadstick Green Beans Cheesy Italian Squash Bake Diced Pears Milk Variety	4 Chicken Nuggets Homestyle Biscuit Toasted Cheese Sandwich Vegetable Beef Soup Baked Potatoes Fruit Cocktail Milk Variety	5 Pizza Friday! Turkey & Cheese Hoagie Fresh Grape Tomatoes Fresh Baby Carrots Diced Peaches Milk Variety Pizza Nutritionals
8 Chicken Nuggets Creamy Chicken Alfredo Toasted Breadstick Sweet Potato Casserole Green Beans Mandarin Oranges Milk Variety	9 Cheeseburger Chicken & Waffles Buttery Corn Black-Eyed Peas Apple Cobbler Milk Variety	10 Chicken Sandwich Beef Teriyaki Dippers Stir Fry Rice Pepper & Onion Blend French Fries Diced Pears Milk Variety	11 Sweet Chili BBQ Meatballs Fresh Baked Dinner Roll Toasted Cheese Sandwich Vegetable Beef Soup Fresh Snap Peas Fruit Cocktail Milk Variety	12 Pizza Friday! Ham & Cheese Hoagie Fresh Grape Tomatoes Fresh Baby Carrots Fresh Orange Milk Variety
15	16 Cheeseburger Tangerine Chicken Steamed Rice Roasted Butternut Squash Stir Fry Veggies Apple Cobbler Milk Variety	17 Chicken Sandwich Meatball Sub Seasoned Broccoli Buttery Corn Diced Pears Milk Variety	18 Sweet Thai Pork Sandwich Toasted Cheese Sandwich Vegetable Beef Soup Baked Potatoes Fruit Cocktail Milk Variety	19 Pizza Friday! Cuban Sandwich Fresh Grape Tomatoes Fresh Baby Carrots Diced Peaches Milk Variety
22	23	24 Chicken Sandwich Spaghetti & Meat Sauce Toasted Breadstick Green Beans Cheesy Italian Squash Bake Diced Pears Milk Variety	25 Chicken Nuggets Homestyle Biscuit Toasted Cheese Sandwich Vegetable Beef Soup Baked Potatoes Fruit Cocktail Milk Variety	26 Pizza Friday! Turkey & Cheese Hoagie Fresh Grape Tomatoes Fresh Baby Carrots Diced Peaches Milk Variety
29 Chicken Nuggets Creamy Chicken Alfredo Toasted Breadstick Sweet Potato Casserole Green Beans Mandarin Oranges Milk Variety	30 Cheeseburger Chicken & Waffles Buttery Corn Black-Eyed Peas Apple Cobbler Milk Variety	31 Chicken Sandwich Beef Teriyaki Dippers Stir Fry Rice Pepper & Onion Blend French Fries Diced Pears Milk Variety	<p>All options may not be available at all schools. Menu selection is subject to change at any time.</p> <p><b>Food Allergy Disclaimer:</b> Please be aware that School Nutrition Services prepares our food in commercial kitchens, where cross-contact with food allergens is possible and where ingredient substitutions and recipe revisions are sometimes made. Additionally, manufacturers of commercial food products we order may change their product formulation or ingredient consistency at any time without notification. Actual ingredients and nutritional content may vary and we are not able to guarantee that any food item will be completely free of food allergens. If you have questions or any concerns regarding ingredients of a specific food or recipe, please reach out to the School Nutrition Department at 910-478-3480</p>	

Meal Benefit Applications are available throughout the school year. To complete your application online please go to [www.lunchapplication.com](http://www.lunchapplication.com)

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This institution is an equal opportunity provider and employer.